Two Tigers Fitness

Application for Consideration

Two Tigers operates as a private, appointment-only coaching model. Client roster is intentionally limited. Please complete this application. Selected applicants will be contacted to schedule a consultation.

Full Name

Email Address

Phone Number

Preferred Training Setting

Why are you seeking coaching at this time?

What does discipline mean to you?

What is one habit you know must change for you to evolve?

Commitment Confirmation
■ I am committed to long-term lifestyle change (minimum 3 months).
■ I am prepared to train consistently 2–3 times per week.
■ I understand Two Tigers operates as a private, appointment-only coaching model.

Signature: _____

Date: _____